

# TWIN PINES SENIOR & COMMUNITY CENTER

## March 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> <b>AARP Tax Aide (S)</b> 9:00    Line Dancing Beg. (R) 10:00    Line Dancing Int. (R) 11:30    Grab & Go Lunch (S) 12:30    New Movie (S) 12:30    Needlecraft Group (S)	<b>2</b> 9:40    Video Exercise (S) 10:30    Zumba Gold (R) 11:30    Grab & Go Lunch (S)	<b>3</b> 9:00    Beg/Int Tai Chi (R) 10:15    Music & Movement (S) 11:30    Grab & Go Lunch (S)	<b>4</b> 9:30    Chair Yoga (S) 10:00    Mindful Meditation (S)
<b>7</b>  <b>Center closed</b>	<b>8</b> <b>AARP Tax Aide (S)</b> 9:00    Line Dancing (R) 10:00    Line Dancing Int. (R) 11:30    Grab & Go Lunch (S) 12:30    New Movie (S) 12:30    Needlecraft Group (S)	<b>9</b> 9:40    Video Exercise (S) 10:30    Zumba Gold (R) 11:30    Grab & Go Lunch (S)	<b>10</b> 9:00    Beg/Int Tai Chi (R) 10:15    Music & Movement (S) 11:30    Grab & Go Lunch (S)	<b>11</b> 9:30    Chair Yoga (S) 10:00    Mindful Meditation (S)
<b>14</b>  <b>Center closed</b>	<b>15</b> <b>AARP Tax Aide (S)</b> 9:00    Line Dancing (R) <b>11:30</b> <b>Blood Pressure Clinic</b> 11:30    Grab & Go Lunch (S) 12:30    New Movie (S) 12:30    Needlecraft Group (S)	<b>16</b> 9:40    Video Exercise (S) 10:30    Zumba Gold (R) 11:30    Grab & Go Lunch (S)	<b>17</b> 10:15    Music & Movement (S) 11:30    Grab & Go Lunch (S)	<b>18</b> 9:30    Chair Yoga (S) 10:00    Mindful Meditation (S)
<b>21</b>  <b>Center closed</b>	<b>22</b> <b>AARP Tax Aide (S)</b> 9:00    Line Dancing (R) 10:00    Line Dancing Int. (R) 11:30    Grab & Go Lunch (S) 12:30    New Movie (S) 12:30    Needlecraft Group (S)	<b>23</b> 9:40    Video Exercise (S) 10:30    Zumba Gold (R) 11:30    Grab & Go Lunch (S)	<b>24</b> 10:15    Music & Movement (S) 10:15    Music & Movement (S) 11:30    Grab & Go Lunch (S)	<b>25</b> 9:30    Chair Yoga (S) 10:00    Mindful Meditation (S)
<b>28</b>  <b>Center closed</b>	<b>29</b> <b>AARP Tax Aide (S)</b> 9:00    Line Dancing (R) 10:00    Line Dancing Int. (R) 11:30    Grab & Go Lunch (S) 12:30    New Movie (S)	<b>30</b> 9:40    Video Exercise (S) 10:30    Zumba Gold (R) 11:30    Grab & Go Lunch (S)	<b>31</b> 10:15    Music & Movement (S) 10:15    Music & Movement (S) 11:30    Grab & Go Lunch (S)	<b>*Activities and Center schedule are subject to change.</b>